



CANCER RESEARCH WALES STRONGMAN CHALLENGE 2011

DISCLAIMER

Name:

Address:

Phone Number:

Category: Novice / Under 105kg (please circle the relevant category)

I accept the responsibility to ensure that I am medically and physically fit before entering into competition. I also undertake to inspect equipment thoroughly to satisfy myself that the equipment is safe and that the manner of my participation does not involve personal risk.

I understand and accept that the disciplines involve unusual trials of strength and unusual demands on the human physique which make participation in the disciplines especially hazardous and accordingly I agree that I am aware of the risks and accept them and will personally bear all consequences of any injury which I may sustain as a result of my participation in the disciplines including all losses, costs and expenses which may be sustained by me as a result of any such injury.

I hereby expressly release Ross Stone, Rob Bush and Fitness First; your servants, agents, employees, other persons and entities involved with the disciplines from any actions, claims, liabilities, losses, costs or expenses which might arise from such injury. I further understand that Ross Stone, Rob Bush and Fitness First are not undertaking to provide the cost of any care or treatment that may be required in the event of injury and that any insurance against the result of any such injury or disciplinary action is solely my responsibility.

Signed.....

Date: